



**Hosted By:**  
**Broadway Gymnastic School**

**January 16-19, 2026**

**Levels:**

Girls Levels 2-10

Girls Xcel All Levels

Boys Level 3-10 & Xcel

**Competition Site:**

Da Vinci Schools

201 N. Douglas Street

El Segundo, CA 90245

**Muscle Beach Invitational:**

Come join us for the Fourth Annual **Muscle Beach Invite** to honor the history of gymnastics and all of the great athletes that have competed at **Muscle Beach** in sunny Santa Monica California. Beginning in 1934 **Muscle Beach** was the birthplace of the United States physical fitness boom including training areas for gymnastics, acro and weightlifting. Come together as we embrace the physical culture and go down history lane with this **Vintage Beach Themed** competition!

**Entry Fees:**

\$140 per Gymnast (includes athlete gift)

Team Fees: \$50 per team (top three scores count in each level)

\$200 Deposit with approximate numbers will secure your spot

**Registration:**

**Register on USAG Reservation System and send us your roster and payment. You will be fully registered when we receive USAG Registration and full payment.**

**Deadline:**

**Postmarked by November 3, 2025**

Entries will be taken on a first come first serve basis

**No refunds after November 21, 2025**

Checks Payable to:

**Broadway Gymnastic Foundation**

5433 Beethoven Street, Los Angeles, CA 90066

**Awards:**

Medals and awards. Teams of 3 or more gymnasts can participate in the team competition. Top three scores count – no designation

**Format:**

Modified Capital Cup Format Safe Sport and USAG Guidelines will be in place

**Equipment:**

All AAI Equipment

**Meet Directors:**

Kort Borg and Cory Long

**Meet Communications:**

Maureen Miller

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**WWW.MUSCLEBEACHINVITE.COM**