# **Muscle Beach Invitational**

# **Men's Session Summary**

**January 18-19, 2026** 

Sunday 1/18

Monday 1/19

<u>Session 1 (Santa Monica Beach) Level 6 & 8</u> 8:00 am

# **LEVEL 6 & 8**

Accel, Agility, Azarian, Bayshore Elite, Broadway, Gold Star, GO, Head Over Heels, North County, North Coast - Ferndale, Pacific Coast, Payke, SCATS, Seawind, Sokol, South Coast, WCOGA,

<u>Session 2 (Santa Monica Beach) Level 7</u> 11:15 am

## LEVEL 7

Accel, Azarian, BGA, Broadway, GO, North County, Pacific Coast, Payke, Seawind, WCOGA

<u>Session 3 (Santa Monica Beach) Level 9</u> 2:30 pm

#### LEVEL 9

Accel, Agility, Bayshore Elite, BGA, Broadway, Gym Nevada, GO, Head Over Heels, North County, Pacific Coast, Payke, South Coast, WCOGA

<u>Session 4 (Santa Monica Beach) Level 10</u> 5:40 pm

# **LEVEL 10**

Agility, Bayshore Elite, BGA, Broadway, Gold Star, GO, Head Over Heels, North County, Pacific Coast, Payke, Seawind, South Coast,

Session 5 (Santa Monica Beach) Level 3 8:30 am

## LEVEL 3

Accel, American Kids, Bayshore Elite, Broadway, GO, North County, Seawind, SCATS

Session 6 (Santa Monica Beach) Level 4(D1) 12:00 pm

# LEVEL 4(D1)

Accel, Agility, American Kids, Bayshore Elite, Broadway, Dream Elite, GO, North County, Pacific Coast, Payke, Seawind, SCATS, South Coast

Session 7 (Santa Monica Beach) Level 4(D2) & 5 4:00 pm

#### LEVEL 4(D2) & 5

Agility, American Kids, Bayshore Elite, BGA, Broadway, Dream Elite, GO, Gym Nevada, North Coast – Ferndale, North County, Pacific Coast, Payke, SCATS, Seawind, Sokol, South Coast