

2025 Muscle Beach Invite Men's Tentative Session Summary

Sunday, January 19, 2025

SESSION 1 (SANTA MONICA BEACH) OPEN STRETCH – 9:00 AM

LEVEL 7/8

Azarian, Bayshore Elite, BGA, Broadway, Cascade Elite, Champion, Eagle Ridge, MAC, Pacific Coast, Payke, Peninsula, South Coast, WCOGA

SESSION 2 (SANTA MONICA BEACH) OPEN STRETCH – 1:00 PM

LEVEL 9

Agility, Bayshore Elite, BGA, Broadway, Champion, Eagle Ridge, MAC, Metro Stars, North County, Pacific Coast, Payke, Peninsula, Seawind, South Coast, WCOGA

SESSION 3 (SANTA MONICA BEACH) OPEN STRETCH – 5:00 PM

LEVEL 10

Agility, Bayshore Elite, BGA, Broadway, Cascade Elite, Champion, Eagle Ridge, North County, Payke, Peninsula, Seawind, South Coast, WCOGA

Monday, January 20, 2025

SESSION 4 (SANTA MONICA BEACH) OPEN STRETCH – 8:30 AM

LEVEL 3

Agility, Azarian, Bayshore Elite, Broadway, Champion, Firestorm, GO USA, Peninsula

SESSION 5 (SANTA MONICA BEACH) OPEN STRETCH – 11:45 AM

LEVEL 4

Agility, Azarian, Bayshore Elite, BGA, Broadway, Cascade Elite, Champion, Dream Elite, MAC, Metro Stars, Pacific Coast, Payke, Peninsula, Seawind

SESSION 6 (SANTA MONICA BEACH) OPEN STRETCH – 4:15 PM

LEVEL 5/6

Agility, Azarian, Bayshore Elite, BGA, Broadway, Cascade Elite, Champion, MAC, Metro Stars, North County, Pacific Coast, Payke, Peninsula, Seawind